

---

## **MHFI Director of Operations: Summary of Work Undertaken in July 2016**

---

Tasks included ...

- Writing to the two Ministers for Health (Michelle O'Neill and Simon Harris) to request Men's Health Week (MHW) follow-up meetings.
- Cancelling the range of Google Alerts that had been set-up to monitor coverage of MHW.
- Amending all MHW information on the MHFI website to make it past tense.
- Obtaining a quote to re-print the MHW Man Manual for male staff in Translink NI.
- Meeting with Lisa Montgomery from Translink (27<sup>th</sup> July) to discuss options and approaches for introducing men's health and wellbeing programmes / information into their workplace.
- Inserting late submission additional information into the MHW online '*Events and Activities taking place on the Island of Ireland*' document.
- Removing MHW 2016 promotional graphics from the MHFI website.
- Drafting a Foreword for the 'Connecting with Young Men' evaluation report.
- Researching and submitting a bi-annual progress report on the 'Engaging Young Men Project' to the National Office for Suicide Prevention (NOSP).
- Preparing all necessary background papers and evidence for MHFI's annual review meeting with NOSP, and presenting this at the meeting with them on Friday 8<sup>th</sup> July.
- Submitting a PDF copy of the report on the 'Young Men and Suicide Project' to NOSP for inclusion in the Your Mental Health website.
- Finalising negotiations with NOSP for funding to underwrite an initiative to support the mental health needs of middle-aged men.
- Writing / circulating minutes of the 'Engaging Young Men Project' Advisory Group meeting.
- Promoting and recruiting participants for the 'MeCHanic' research study into Irish men's experience of finding and understanding information on cancer.
- Signposting the FAI to sources / models of men's health information.
- Convening a teleconference to explore options for progressing the 'How to Engage Men' training video.
- Helping The Rainbow Project to identify courses and support for gay fathers.
- Preparing an addendum on sources of funding for MHFI's Audited Accounts.
- Researching options for embedding video clips into the MHFI website, and actioning this.
- Liaising with the University of Sterling about the collaboration agreement for the second phase of the Men and Obesity study, and signing this document on behalf of MHFI.
- Representing MHFI at the first meeting of the Steering Group for the 'Fathers and Families' research project being conducted by the School of Psychology, QUB.
- Advising staff from Dublin Institute of Technology on a new PhD Studentship looking at the importance of physical activity / leisure pursuits for older men in rural settings.
- Adding content to and testing the functionality of the new MHFI website.
- Meeting Diamaid O'Corrbui - CEO of Carmichael Centre for Voluntary Groups - to discuss MHFI's status as an employer or contractor (25<sup>th</sup> July).
- Preparing a discussion paper for the MHFI Board of Directors on future employment / contracting options for the Forum.
- Meeting staff from BHSCT and SEHSCT (26<sup>th</sup> July) to discuss a joint event in Stormont - with a focus on mental health and wellbeing - to celebrate International Men's Day 2016.
- Submitting regular content to the MHFI Facebook and Twitter pages.
- Updating the MHFI website News pages; adding links to the Resources pages; making new reports available online; uploading content to the Secure Committee Login Area of the MHFI website.
- Undertaking ongoing miscellaneous tasks, including: responding to requests from external groups / individuals; maintenance of the MHFI Yahoo Email Group; actioning issues raised by the MHFI Board of Trustees; expanding and updating MHFI's electronic mailing lists ...