

Men's Health Forum in Ireland: Men's Health Week 2006 - Online Registration of Event

Men's Health Week (MHW) will run from Monday 12th June until Sunday 18th June this year. The theme for 2006 is "Males and Mental Well-Being".



The purpose of this week is to heighten awareness of preventable male health problems, and to encourage early detection and treatment of illness among men and boys. This week gives everyone (health care providers, public policy makers, community groups, the media ...) an opportunity to encourage men and boys to seek medical advice and early treatment for disease and injury.

The Men's Health Forum in Ireland (MHFI) is inviting groups / individuals to organise an event to mark this week, and we will create a section on our website (www.mhfi.org/mhw.htm) to promote the details of these activities. If you would like to have your details included on this site, please complete and return the form below ...

Name of Event: Male Health Event

Name of Organisation Running Event: TASSK Healthy Living Centre

Contact Person: Christine Thomas

Address:

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Web Site Address: www.tassk.org

Brief description of the event - maximum 150 words [what / when / where / why / who for etc.]

Two male health events have been organised in the Craigavon and Banbridge area for men aged 18 years and over. Both will run from 4.00pm to 7.30pm:

Tuesday 13th June 2006: Banbridge Leisure Centre, Banbridge

Thursday 15th June 2006: Craigavon Leisure Centre, Brownlow, Craigavon

The aim of these events is to raise the profile of men's health generally, as well the specific issue of mental and emotional well-being. Men will have access to the following: dietary advice; sexual health information; stress testing; fitness testing; drugs/alcohol information; smoking cessation tips; a community pharmacist to answer questions. The following organisations will provide information and advice: Victim Support; UBI; EGSA; Further Education Colleges; complementary therapists (relaxation, hand massage, head massage); Citizen's Advice; CRUSE Bereavement Care; NI Blood Transfusion Service; NOVA Trauma Support Services; Aware Defeat Depression; Rethink.

Please Return To:

Colin Fowler, The Men's Project, Parents Advice Centre, Floor 4, Franklin House, 12 Brunswick Street, Belfast BT2 7GE