
INVITATION TO TENDER

The Men's Health Forum in Ireland Ltd is inviting tenders for research into mental health and suicide prevention among boys and young men.

The Men's Health Forum in Ireland Ltd

The Men's Health Forum in Ireland (MHFI) was established in 1999 and became a Company Limited by Guarantee in the Republic of Ireland in 2010. MHFI is a voluntary organisation that works on an all-Ireland basis to enhance the health and well-being of men and boys. It is a diverse network of individuals and organisations which seeks to identify the key concerns relating to male health and to increase understanding of these issues. It seeks to promote, influence and enhance all aspects of the health and well-being of men and boys in Ireland.

MHFI ...

- Works to preserve and protect men's health.
- Provides information in all matters relating to men's health to health professionals and the general public.
- Commissions and disseminates research.

(www.mhfi.org)

Background to the Research

MHFI is, currently, involved in a project entitled "Promoting Positive Mental Health and Preventing Suicide among Boys and Young Men on the Island of Ireland". Specifically, the aim of this work is to promote positive mental health, and to reduce suicide among boys and young men in Ireland via a multi-layered community-based suicide prevention initiative.

The objectives are as follows:

- (i) Develop principles of best practice on how to promote positive models of mental health and to prevent suicide in boys and young men, by reviewing existing mental health promotion and suicide prevention services, both national and international, that target boys and young men.
- (ii) Co-ordinate a stakeholder workshop to share best practice on positive mental health and suicide prevention among boys and young men.
- (iii) Develop and pilot two community-based outreach initiatives arising from the audit of best practice. The evaluation of these initiatives should point to specific training implications, and should inform the development of ongoing suicide prevention programmes on the island of Ireland.
- (iv) Inform the development of a national social marketing campaign - with a focus on suicide prevention - aimed at boys and young men in Ireland. The design of such a campaign should inform and link closely with the aims of the National Office for Suicide Prevention and "Protect Life - A Shared Vision".

The overall programme of work is 17 months long (March 2011 - July 2012), and will be conducted in three phases.

Remit of Current Tender

The current tender is for two aspects of the 1st phase of this overall programme of work. Specifically, this entails the following:

1. Reviewing national and international literature on men's mental health and suicide. The outcome of this review will be to establish evidence based, best practice guidelines on how to promote positive models of mental health and to prevent suicide among boys and young men. This review may also make specific recommendations on how such guidelines should inform the development of suicide prevention training.
2. Conducting an audit of existing practice and "what works" (by online questionnaire) among service providers in relation to positive mental health and suicide prevention among boys and young men.

Timeframe and Budget

The timeframe for this work is 4 months, commencing on the 21st of March 2011, and the maximum budget for this work is €17,000 (including VAT).

Management of Project

The project will be managed by MHFI's appointed Project Manager, and will be guided by MHFI's Project Steering Committee. The researcher will work closely with the Project Manager and report to the Steering Committee.

Closing Date for Submissions

Submissions must be received by 5.00pm on Tuesday 15th March 2011. Please send tenders by email, along with a CV, to Dr Paula Carroll, at: PCarroll@wit.ie

