

REAL HEALTH ADVICE FOR

REAL MEN



North Antrim
Community Network

southantrim
communitynetwork
Bringing Connections Together Through Partnership and Leadership



in association
with



A range of fun, interactive and totally free health activities and no-nonsense health advice, followed by a hearty supper!

MONDAY 10TH JUNE - 7.30 TIL 9.30PM

Social Club @ Coleraine Showgrounds
Ballycastle Road, Coleraine

MONDAY 17TH JUNE - 7.30 TIL 9.30PM

Auditorium @ The Braid Centre
Bridge Street, Ballymena

TUESDAY 18TH JUNE - 7.00 TIL 9.30PM

The Old Courthouse
Antrim

WEDNESDAY 19TH JUNE - 7.30 TIL 9.30PM

Meadowbank Sports Arena
Ballyronan, Magherafelt

THURSDAY 20TH JUNE - 7.30 TIL 9.30PM

Auditorium @ Ballymoney Town Hall
Townhead Street, Ballymoney

GUEST SPEAKER - CONOR MCCAFFERTY (ZEST)

Conor is a qualified Therapist and Trainer, specializing in addiction counselling and has many years experience working with self-harming and suicidal young people, adults and their families.

A free event funded by
 Public Health
Agency

