

MEN'S HEALTH WEEK

Monday 9th - Sunday 15th June 2025



Shoulder-to-Shoulder | Connecting for Health

Find out more at www.mhfi.org



Hi there,

When males play sport together, or work on a communal task, we know what is meant by men standing 'shoulder-to-shoulder'. They are unified, strong, resolute, focused, supportive and connected. They give 100% and do the best job that they can.

During Men's Health Week 2025, everyone is being asked to put these positive traits into action, and to work together to support the health of men and boys on the island of Ireland.

'Connecting for Health' is about: policy makers ensuring that men have the resources to live long and healthy lives; service providers offering appropriate tools, advice and support to males; men taking small practical steps to improve their own health; everyone looking out for and after each other...

Stand shoulder-to-shoulder, connect for health, and have a great week!

**Affix
stamp
here**

