

EMALE MATTERS

MAY 2007 EDITION

Produced by
[The Men's Project](#)

Welcome to the new look edition of Emale Matters

~ Hot Topics ~

- ❖ Breastfeeding Awareness Week geared at new dads
- ❖ NI Smoking Ban

~ Events ~

Breastfeeding Awareness Week 13th - 20th May

Northern Ireland's theme for National Breastfeeding Awareness Week is aimed at expectant and new fathers. This approach reflects the recent major breastfeeding public information campaign by the Health Promotion Agency. This included new resources about the importance of breastfeeding, specifically aimed at men. For further details visit www.breastfedbabies.org

Forever Fathers Meetings

Forever Fathers are holding two meetings for unmarried, separated and divorced fathers to offer support and advice. One will be held in the Inishowen Partnership, Bunrana, on Monday 14th May (telephone 00353 86 3150401 for details) and one in the Bonagee FC Clubhouse, on Monday 21st May (telephone 00353 86 6069436).

Positive Parenting Course

This is a 6-week course which gives parents the chance to take time out to work towards positive change in a supported group setting. The course covers a range of themes including managing children's difficult behaviour; communicating with your child; stress management and child development. The course will take place in the Parents Advice Centre office, Brunswick Street, Belfast on Tuesdays from 7-9pm on 15th, 22nd, 29th May; 12th, 19th, 26th June. The course costs £60 (£30 concession: lone parents, students and those on benefits). For further information please contact Andrea on (028) 9031 0891, email: andrea@pachelp.org or visit www.parentsadvicecentre.org

Ireland Men's Intensive Weekend

25th - 27th May in the Social Service Centre, Mill Rd, Westport, County Mayo.
Times: Friday 7.30pm-9.30pm; Saturday 10am-18.30pm; Sunday 10am-17.30pm. For cost and further information telephone 00353 87 699 6806 or email oliver_dixon@hotmail.com

Men's Health Conference

On the 29th of May the Health Service Executive, in partnership with a North West men's working group, will be hosting a conference on Men's Health and related issues in terms of good mental health through work and training. One of the key speakers will be Gerry Managan of the Office of Social Inclusion. The conference will take place in the Hollywood

Hotel, Bundoran and will include men's groups from Donegal, Fermanagh, West Cavan, Leitrim and Sligo. For further information please contact Mike Rainsford on 00353 871324199 or email michaelp.rainsford@mailb.hse.ie

Make-A-Wish Rouge Ball

Make-A-Wish Foundation® UK grants magical wishes to children and young people fighting life-threatening illnesses. Since being established in the UK in 1986, they have granted over 4,200 wishes. This year's Make-a-Wish Gala Spectacular will take place in the Ramada Hotel on Saturday 16th June 2007, doors open at 7pm. Dress code: Moulin Rouge/Classic Formal. 300 guests will be dazzled by a Moulin Rouge themed spectacle. Taste buds will be titillated with a sumptuous five-course meal while guests are enchanted by show girls, can-can dancers, acrobats and aerialists. There will be all the fun of the fair with games of skill and chance, and the opportunity to bid for some fabulous prizes in the speciality auction. Tickets £60 per head, for reservations call 02890 805580 or email darren.fowler@makeawish.org.uk

~ News ~

The Young People's Advisory Panel for the Children's Law Centre are looking for young people aged 14 - 21 years old who would be interested in becoming involved in a youth led youth group that represent children & young people through out Northern Ireland in relation to children's rights. If you know of any young person/people who would be interested or for further details please contact Deborah McKenna on 02890 245704.

~ Website of the Month ~

From Monday 30th April 2007 it will be against the law to smoke in enclosed and substantially enclosed workplaces and public places, and in certain vehicles in Northern Ireland. The following website explains more: www.spacetobreathe.org.uk/

~ On the Web ~

[Romance blossoms at pub doors](#)

**HEY! What are you up to in June/July/August?
Let me know to be included in the next edition!**

Email: trisha@mensproject.org

The Men's Project: We are currently updating our online directory of organisations which offer support or services to men. If you would like to update your existing entry, or would like be registered on it, please click here for details:

<http://www.mensproject.org/mendir/index.html>

Note to readers:

If you know of anyone who is interested in joining our mailing list, or you wish to be removed, or you have any news you want included, please email me at

trisha@mensproject.org

(The views expressed in E-Male Matters are not necessarily those of The Men's Project)