

E-Male Matters



Produced by
[The Men's Project](#)

March 2007 Edition



Up and Coming Events

Bedtime Stories with Dad

Clan Mór Sure Start and the Falls Library invite you to the Dads' and Kids' Library Night every Thursday from 6-7pm at the Fall's Library in Belfast. It includes borrowing books, a male story teller and refreshments, plus it's FREE! Contact Anne at the Library on (028) 90 509212, email anne.maxwell@ni-libraries.net or Peter in Clan Mór on (028) 90 327755, email clanmoresurestart@btconnect.com

Expert Patient Programme (EPP)

This programme aims to help people in the North and West Belfast areas who are living with long-term anxiety to take control and manage their lifestyle. It helps people to cope with stress, to problem solve, to look after themselves, to take more control of their health, to feel more confident and finally to feel less anxious. This year EPP are introducing a men only course in Jury's Hotel in April. Please telephone (028) 90 417481 for further information.

Consider Yourself - Personal Development Course for Gay Men

Are you a gay man aged 26 or over? Do you feel that you need to do some work on yourself? The Rainbow Project is holding a five-week personal development course in Derry, starting in March. Commencing on Tuesday 6th March, the course will take place every Tuesday after that, for five weeks, ending with a residential weekend on 13th-15th April at the City Hotel. The course is free, but places are limited and you should be able to commit for the duration. To apply for a place, contact Sean Morrin at The Rainbow Project on (028) 71 283030.

St. Patrick's Day: Saturday 17th March, a great excuse to go out and do something!

HEY! What are you up to in April? Let me know to be included in the next edition!
Email: trisha@mensproject.org

News Bits and Bobs

Fathers Direct seeks new director of operations: Please click the following link for further information:
<http://www.fathersdirect.com/index.php?id=0&cID=556>

The Vienna Declaration: Signed during the first European Men's Health Forum (EMHF) conference, on 1st October 2005, this Declaration provides a focus for changes to the way we approach the health of men and boys in Europe. EMHF seeks the support of organisations and individuals in endorsing this:
http://www.emhf.org/index.cfm/item_id/313

Men as Parents Posters - Images of Dads: Clan Mór Sure Start welcomes you to download and print out their 'Men as Parents' posters. Please click here for details:
http://www.clanmoresurestart.org/home//index.php?option=com_content&task=view&id=22&Itemid=52

Men on the Border Report: The North Leitrim Men's Group have produced a new report about men in the border counties of North Leitrim, West Cavan and West Fermanagh. Please click the following link for further information: <http://www.northleitrimmensgroup.com/menontheborder.html>

Dad Talk - Hints and tips for talking with your child: "Dad Talk" is a practical booklet developed by the Health Service Executive (HSE) Southern Area for all men who are in a parenting role. For a copy, please telephone Catherine on 0035321 4921641.

"Menstuff": Is a slot on Dundalk FM radio and is now moving into its second year on air. If you feel you have specific knowledge of a topic which might interest men, and you want to contribute to the programme, please email: info@liamog.com.

The Men's Project: We are currently updating our online directory of organisations which offer support or services to men. If you would like to update your existing entry, or would like to be registered on it, please click here for details: <http://www.mensproject.org/mendir/index.html>

Website of the Month

[Dads info on BBC website](#)

Other Articles on the Web:

[Paternity leave and pay](#)

[Mind Yourself](#)

[Online Blog of an expectant father](#)
Not that long to go now!!!!!!

Note to readers:

If you know of anyone who is interested in joining our mailing list, or you wish to be removed, or you have any news you want included, please email me at trisha@mensproject.org

(The views expressed in E-Male Matters are not necessarily those of The Men's Project)