



Produced by The Men's Project

January 2007 Edition



Up and Coming Events

Hope and Healing

A conference for the Bereaved by Suicide will take place on Saturday 10th February from 9.30am to 5pm in the City Hotel, Derry. For further information contact Pat Hannaway on 02871 865112.

Parenting Apart Workshop

A short course aimed at parents who have separated, are separating or are divorced on Saturday 17th February from 10am to 1pm at the City Hotel in Derry. Contact Christine on 028 7137 2006 for more information.

Positive Parenting Course

This course gives parents the chance to take time out to work towards positive change in a supported group setting. The course covers a range of themes from managing childrens difficult behaviours, communicating with your child, stress management and child development. Courses will be commencing in Belfast and Dungannon in February. Contact Andrea on 028 9031 0891 or andrea@pachelp.org for more information.

Handling Teenagers Course

Ideal for parents of young people aged 12 to 18. Handling teenagers covers a range of themes: problem solving, communicating with your teen, understanding teenage behaviour, handling conflict, managing boundaries and talking to teens about tough issues. Contact Andrea on 028 9031 0891 or andrea@pachelp.org for more information.

News Bits and Bobs

Parents' Advisory Group: This advisory group of parents will have the opportunity to comment and influence policy's directly linked to the 10 year strategy for Children and Young People. Further information and Nomination Form are available on line <u>www.pachelp.org/pfpag.htm</u>. The nomination form needs to be posted or e-mailed to us by 2nd February 07 to Parenting Forum NI, Franklin House, 12 Brunswick Street, Belfast. BT2 7GE. For further information telephone Moira on 028 90310891 or e-mail <u>moira@pachelp.org</u>. In addition Alison is available on same contact number or e-mail <u>alison@pachelp.org</u>.

Volunteers Needed: Could you make a difference in 2007? Are you interested in a challenge that could make a real difference to family's life? Parents Advice Centre are currently recruiting people with parenting experience to train as Helpline Volunteers providing telephone & face-to-face support to people coping with family difficulties - accredited courses beginning in Belfast & Dungannon in February -please contact Andrea on 9031 0891 or andrea@pachelp.org for information or click on http://www.pachelp.org/vol.html

Dad Talk, **Hints and tips for talking with your child**: Dad talk is a booklet for all men who are in a parenting role. For a copy please telephone Catherine on 00353 21 4921641.

NvTv, **community channel in Belfast**: Northern Visions TV is a new community channel in Belfast making programmes about local issues and the work that community groups. If you have any ideas for programmes to suggest please go to <u>www.nvtv.co.uk</u>.

"Menstuff" Radio: Is now moving into it's second year on air. If you feel you have a specific knowledge base on a topic which might interest kids and dads and you want to contribute to make a difference to the fathers and the children of the future then please email <u>info@liamog.com</u>.

The Men's Project: We are currently updating our online directory of services for men. If you would like to update your existing entry, or would like be registered on it, please click here for details: http://www.mensproject.org/mendir/index.html

Website of the Month

Other Articles on the Web:

Online Blog of an expectant father

Note to readers:

If you know of anyone who is interested in joining our mailing list, or you wish to be removed, or you have any news you want included, please email me at <u>trisha@mensproject.org</u>

(The views expressed in E-Male Matters are not necessarily those of The Men's Project)