

Men's Health Forum in Ireland: Men's Health Week 2006 - Online Registration of Event

Men's Health Week (MHW) will run from Monday 12th June until Sunday 18th June this year. The theme for 2006 is "Males and Mental Well-Being".



The purpose of this week is to heighten awareness of preventable male health problems, and to encourage early detection and treatment of illness among men and boys. This week gives everyone (health care providers, public policy makers, community groups, the media ...) an opportunity to encourage men and boys to seek medical advice and early treatment for disease and injury.

The Men's Health Forum in Ireland (MHFI) is inviting groups / individuals to organise an event to mark this week, and we will create a section on our website (www.mhfi.org/mhw.htm) to promote the details of these activities. If you would like to have your details included on this site, please complete and return the form below ...

Name of Event: Cardiac Risk Factor Screening in Roscommon Marts

Name of Organisation Running Event: Health Promotion HSE West (Nutrition & Marts)

Contact Person: Paul Gillen or Kate Walshe

Address: Health Promotion Services
West City Centre
Seamus Quirke Road
Galway City

Post Code:

Telephone Number: 091 548323

Fax Number: 091 501413

E-mail Address: paul.gillen@mailn.hse.ie

Web Site Address:

Brief description of the event - maximum 150 words [what / when / where / why / who for etc.]

This project is a partnership between health promotion services, nutrition services, cardiac rehabilitation and Croi (heart charity) whereby we visit certain Marts in Co. Roscommon to provide heart screening for farmers. Farmers can avail of this service free of charge at the Marts. Initially they will get their blood pressure and cholesterol checked. Then they will talk with a nutritionist. Then with a physical activity professional who will provide advice to them. Those deemed to be in need of follow-up care receive a phone call in two to three weeks to encourage the men to attend their GP. In addition, the team provide a complete follow-up service six months after the initial visit. The project is hugely successful, and we hope to continue providing this service wherever men meet. We can provide the same service in a barbers shop in Galway. Other sites will be earmarked in the future.

Please Return To:

Colin Fowler, The Men's Project, Parents Advice Centre, Floor 4, Franklin House, 12 Brunswick Street, Belfast BT2 7GE