

Men's Health Forum in Ireland: Men's Health Week 2006 - Online Registration of Event

Men's Health Week (MHW) will run from Monday 12th June until Sunday 18th June this year. The theme for 2006 is "Males and Mental Well-Being".



The purpose of this week is to heighten awareness of preventable male health problems, and to encourage early detection and treatment of illness among men and boys. This week gives everyone (health care providers, public policy makers, community groups, the media ...) an opportunity to encourage men and boys to seek medical advice and early treatment for disease and injury.

The Men's Health Forum in Ireland (MHFI) is inviting groups / individuals to organise an event to mark this week, and we will create a section on our website (www.mhfi.org/mhw.htm) to promote the details of these activities. If you would like to have your details included on this site, please complete and return the form below ...

Name of Event: Men's Health Event

Name of Organisation Running Event: The HEART Project and Clan Mór Sure Start

Contact Person: Jim Girvan

Address: The Maureen Sheehan Centre
106 Albert Street
Belfast

Post Code: BT12 4HL

Telephone Number: 02890 310346

Fax Number: 02890 310348

E-mail Address: heart.project@btconnect.com

Web Site Address: www.heartprojectbelfast.com

Brief description of the event - maximum 150 words [what / when / where / why / who for etc.]

What: Men's Health Checks that will cover things that affect your physical and emotional well-being. Some of these checks will include blood pressure, cholesterol and Body Mass Index. There will also be a chance to speak to fitness experts, sport injury therapists, to try healthy food and to have a free haircut while you wait.

When: Wednesday 14th June 2006 from 3.00pm - 7.00pm

Where: Maureen Sheehan Centre

Why: To improve the health of men in this area and to mark Men's Health Week

Who: Men in Falls Area of Belfast, but all are welcome.

Please Return To:

Colin Fowler, The Men's Project, Parents Advice Centre, Floor 4, Franklin House, 12 Brunswick Street, Belfast BT2 7GE