

Does your work or volunteering role involve engaging or supporting men? If so, this training could be for YOU !



A Men's Health Training programme (called 'Engage') has been developed to meet the growing demand from service providers for support to work with men.

This programme is founded upon national and international best practice, and is setting the Quality Mark in men's health training nationally.

Trainers qualified through this programme will be required to deliver the programme in their own area of interest or work.

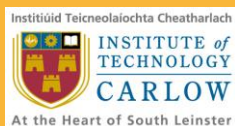
We invite you to become a **Men's Health Trainer** and to participate in our upcoming Trainers' programme. For successful candidates, this training is free of charge.

Dates: Sept 11th & 12th and Oct 16th & 17th 2013 (*overnight stay each time*)

Venue: Teach Bhride, Tullow, Co. Carlow

Contact: Aoife Osborne by emailing: aoife.osborne@itcarlow.ie

Please complete and return the application form by **Wednesday 10th July 2013**



Further Details



Aim:

- To support Trainers to become competent in the delivery of the 'Engage' Men's Health Training programme.
- To develop a system of support for Trainers that they can draw upon as they work in the field.

Learning Outcomes:

- Understand the broad determinants of men's health, including how gender influences men's approach to looking after their own health.
- Understand how best practice guidelines in working with men should be used to engage men more effectively with health and social services and with health programmes.
- Be sensitive to the barriers and prompts experienced by men when accessing health and social services.
- Be aware of how to set up and support effective group work with men.
- Be aware of how to use brief intervention and motivational interviewing techniques appropriately with men.

Times: Days 1 & 3 10am - 6pm
Days 2 & 4 9am - 5pm

Costs:

- Two nights accommodation and all meals while at Teach Bhride will be covered by the organisers.
- If participants wish to travel to / stay in Teach Bhride the night before the training begins, they will have to incur this expense themselves.

Men's Health Trainers' Programme Application Form



Name:

Organisation:

Position:

Email:

Tel / Mobile:

Is delivering training part of your work / volunteering brief?

Yes

No

Please outline your experience of working with men:

Please outline your experience of delivering training and/or facilitation:

All trainers must commit to delivering three men's health training programmes in their area by the end of 2014. If offered a place on the 'Engage' programme, would you honour this commitment?

Yes

No