## Men's Health Forum in Ireland: Men's Health Week 2006 - Online Registration of Event

Men's Health Week (MHW) will run from Monday 12th June until Sunday 18th June this year. The theme for 2006 is "Males and Mental Well-Being".

The purpose of this week is to heighten awareness of preventable male health problems, and to encourage early detection and treatment of illness among men and boys. This week gives everyone (health care providers, public policy makers, community groups, the media ...) an opportunity to encourage men and boys to seek medical advice and early treatment for disease and injury.

The Men's Health Forum in Ireland (MHFI) is inviting groups / individuals to organise an event to mark this week, and we will create a section on our website (www.mhfi.org/mhw.htm) to promote the details of these activities. If you would like to have your details included on this site, please complete and return the form below ...

Name of Event: Mind and Body

## Name of Organisation Running Event:

Cancer Choices and Dungannon Pharmacy Locality Group

**Contact Person:** Catriona Maguire (Cancer Choices) / John Swail (Pharmacy Group)

## Address:

Cancer Choices Dungannon Pharmacy Locality Group

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**E-mail Address:** catriona@cancerchoices.org.uk / enquiries@swailspharmacy.com

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## Brief description of the event - maximum 150 words [what / when / where / why / who for etc.]

"Mind and Body" is the theme of this year's Men's Health Awareness Event which takes place on Wednesday 7<sup>th</sup> June 2006 at the South Tyrone Council Offices, Dungannon from 6.30pm - 9.00pm. This event is being hosted by Dungannon District Council.

Guest speakers will address the themes of "Helping Men to Help Themselves" and "The Mental Health of Male Carers". A range of free health checks will also be available e.g. blood pressure, cholesterol, body fat, body mass index, carbon monoxide, skin protection ... and there will be an opportunity to try out alternative therapies. Some local pharmacies participating in the campaign will run in-store promotions which target males around the time of Men's Health Week.

Please Return To: