

# Men's Health Forum in Ireland: Men's Health Week 2006 - Online Registration of Event

Men's Health Week (MHW) will run from Monday 12th June until Sunday 18th June this year. The theme for 2006 is "Males and Mental Well-Being".



The purpose of this week is to heighten awareness of preventable male health problems, and to encourage early detection and treatment of illness among men and boys. This week gives everyone (health care providers, public policy makers, community groups, the media ...) an opportunity to encourage men and boys to seek medical advice and early treatment for disease and injury.

The Men's Health Forum in Ireland (MHFI) is inviting groups / individuals to organise an event to mark this week, and we will create a section on our website ([www.mhfi.org/mhw.htm](http://www.mhfi.org/mhw.htm)) to promote the details of these activities. If you would like to have your details included on this site, please complete and return the form below ...

**Name of Event:** Men's Health MOT Night

**Name of Organisation Running Event:**

Dads Matter Shankill Sure Start and Ardoyne & Shankill Healthy Living Centre

**Contact Person:** Darren Gowdy

**Address:** Ardoyne Community Healthcare Centre  
Ardoyne Avenue  
Belfast

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**E-mail Address:** [darren@ashlc.com](mailto:darren@ashlc.com)

**Web Site Address:** [www.ashlc.com](http://www.ashlc.com)

**Brief description of the event - maximum 150 words** [what / when / where / why / who for etc.]

Men's MOTs: health checks, blood pressure, cholesterol, Body Mass Index, blood glucose, weight, lung capacity checks, alternative therapies, healthy eating supper, climbing wall, Turkish shaves, free haircuts and the World Cup live on a big screen!

**When:** Thursday 15<sup>th</sup> June 2006 from 6.00pm - 9.00pm

**Where:** Spectrum Centre, Shankill Road, Belfast

**Why:** To bring education and awareness of healthier choices to a difficult to reach target group where there are healthy inequalities (such as mortality rates) between men and women in this area.

**Who:** Men in local and surrounding areas.

Please Return To:

Colin Fowler, The Men's Project, Parents Advice Centre, Floor 4, Franklin House, 12 Brunswick Street, Belfast BT2 7GE