

# Men's Health Forum in Ireland: Men's Health Week 2006 - Online Registration of Event

Men's Health Week (MHW) will run from Monday 12th June until Sunday 18th June this year. The theme for 2006 is "Males and Mental Well-Being".



The purpose of this week is to heighten awareness of preventable male health problems, and to encourage early detection and treatment of illness among men and boys. This week gives everyone (health care providers, public policy makers, community groups, the media ...) an opportunity to encourage men and boys to seek medical advice and early treatment for disease and injury.

The Men's Health Forum in Ireland (MHFI) is inviting groups / individuals to organise an event to mark this week, and we will create a section on our website ([www.mhfi.org/mhw.htm](http://www.mhfi.org/mhw.htm)) to promote the details of these activities. If you would like to have your details included on this site, please complete and return the form below ...

**Name of Event:** Men's Health Day - "Check Your Nuts and Bolts"

**Name of Organisation Running Event:**

Armagh City and District Council, Armagh and Dungannon Health Action Zone, Southern Area Health Promotion Department, Armagh and Dungannon Trust Health Promotion and Southern Investing for Health Partnership

**Contact Person:** Elaine Devlin (Investing for Health Officer) - 02837 529600  
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**Web Site Address:** [www.goodhealthinfo.org.uk](http://www.goodhealthinfo.org.uk)

**Brief description of the event - maximum 150 words** [what / when / where / why / who for etc.]

Tuesday 13th June 2006 ...

On from 10.30am to 2.30pm in the Market Place Theatre, Market Street, Armagh

Health checks will be provided by leisure centre staff. Exhibitions and information from Action Cancer, Oral Hygiene, Pharmacies, Mensana, Breakthru, Back Pain, Advanced Driving and Community Safety. Free food tasting and smoothie-making from Health Action Zone.

Free men's spinning, aerobics and yoga classes on offer.

The BBC Big Yellow Bus will also be in attendance.

Please Return To:

Colin Fowler, The Men's Project, Parents Advice Centre, Floor 4, Franklin House, 12 Brunswick Street, Belfast BT2 7GE